



The Bishop's Lent Appeal 2025: Days for Girls, UK



The Bishop's Lent Appeal for 2025 is for 'Days for Girls, UK' (Charity Registration Number: 1189219) and is affiliated with Days for Girls International, a charity that works in the UK and abroad.

The average Anglican is a woman in her 30s living in sub-Saharan Africa on less than four dollars per day. These are our sisters in the global Anglican Communion.

According to a report in the Guardian (2018), nearly 1 in 5 of over 1000 respondents in the UK said that they have had to go without period products because of finances. In Scotland, a 2017 survey found that 26% of respondents in education had 'struggled to access sanitary products' in the previous year. Of those who had experienced difficulty, 43% said they 'couldn't afford to buy sanitary products'.



Days for Girls works to eliminate the stigma and limitations associated with menstruation so that women and girls have improved health, education and livelihoods. Days for Girls is working hard to ensure that no girls have to miss school and no women have to miss work because they do not have a way to manage their menstruation. They do this through Days for Girls pads, health education, social entrepreneurship, and policy & advocacy. To date, Days for Girls have reached

over 3 million women and girls internationally with life-changing menstrual health solutions.

Donations will ensure that 'Days for Girls' reach more girls with the resources they need to manage their periods for improved health, education and livelihood outcomes.

To donate to Days for Girls UK visit their website at <https://www.justgiving.com/daysforgirlsuk>, and note Diocese of Aberdeen and Orkney on your donation. You can donate via cheque by following the details at <https://www.daysforgirls.org/uk/uk-donate/>.

You're invited to
Lent Lunch with the Bishop
In support of the Bishop's Lent appeal for Days for Girls
12pm, Monday 24 March, St James, Holburn Street, Aberdeen
Lunch free – donations to charity welcome